

Dear Parents and Campers:

ARE YOU READY FOR A GREAT ADVENTURE?

Everyone at Lambton Centre is excited to have you out this summer.

As you get ready here is some information to help you have the best time ever.

LAMBTON CENTRE CAMPER HEALTH RECORD:

We need your medical forms completed and sent in as soon as possible. This saves time at registration and are required before your child can attend camp.

THEME LETTER:

Each week at camp we have a programming theme. This letter will tell you a little bit about what the theme for your week is.

PACKING LIST:

You will find a checklist has been included so that you can check off items as you pack. Please be sure to include everything on the list. Label everything; that way it will go home with you. Lambton Centre only holds onto Lost & Found until the end of September. Also included is a short list of items that we ask campers to leave at home.

REGISTRATION:

Registration will begin at **7pm** on the opening day of your camp session. Registration will take place in Lambton Hall. There will be a quick check of all campers' hair at registration for lice, eggs, and nits. If we find any, we'll have to send you home for a treatment. You'll be welcome to return to camp after a treatment and another check of their hair. There will also be a visit with the camp Health Care Provider as part of the registration process. Our health care provider will manage all medications during camp. Camp Shirts will be distributed upon registration. (**Exception: Little People's registration will take place at 9am on the Wednesday**)

CLOSING:

Camp finishes Friday afternoon; we are pleased to invite you to join us at 2pm. In Lambton Hall for our closing ceremonies. Our closing ceremonies will include music and a video slideshow that will allow you to see some of what happened at camp during the week.

TELL A FRIEND:

There is still space in a number of our camps. If you have a friend who may like to attend camp. Please encourage them to contact us for a registration form or direct them to our website, www.lambtoncentre.com.

If you have any questions, feel free to contact me,

Rick Boerkamp

Executive Director



Essential Items

- Sleeping bag
- Pillow
- Pajamas
- Sunscreen
- Bug spray
- Hat
- Sunglasses
- Shorts
- Sweatshirt
- Waterbottle**
- T-shirts
- Long pants and long sleeve shirts (for night time mosquito clothes)
- Socks
- Underwear
- Running Shoes (A must have for some activities)**
- Sandals
- Rubber Boots
- Bathing Suit (one piece)
- Swim towel
- Shower towel
- Personal items: toothbrush, toothpaste, soap, shampoo, hairbrush
- All medications in **original containers** (please pack at top of suitcase, be prepared to give to health care staff at registration)

Recommended:

- Flashlight
- Extra Blanket
- Stationery/Stamps/Postage to tell everyone what a great time you are having at camp!
- Laundry Bag
- Fun Costumes, dress up clothes, or other things related to camp theme

Things to leave at home:

- Weapons of any kind (Swiss army knife, water guns)
- Snacks (they attract bugs and animals!, there could be allergy concerns)
- Electronics are not needed.

We recommend labelling all items with Mabel's Labels. To purchase, please visit camps.mabelslabels.com and choose our camp from the list.